



WOC-WTOC NEWSPAPER



No. 3 | MONDAY 7th JULY 2014 | TRENTO

OPENING CEREMONY

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WORLD FOOT AND TRAIL ORIENTEERING CHAMPIONSHIPS

OPENING CEREMONY HELD IN ASIAGO

After the first exciting WOC competitions held in the venetian lagoon yesterday, the 2014 World Orienteering and Trail-O Championships continued in Italy's Trentino and Veneto regions with the official opening ceremony in the city of Asiago tonight. 'It is my greatest pleasure to declare open the World Orienteering and Trail Orienteering Championships 2014'. The WOC-WTOC 2014 was officially declared open by IOF President Brian Porteous who in good Italian also wished good luck to everyone for the incoming week.

Representatives of 54 nations paraded through Asiago streets and gathered in the main square, in front of the St. Matthew's cathedral, all shouting and enjoying the warmth of the fans and tourists. Some local authorities took the floor too, among them Roberto Rigoni Stern (Asiago Mayor), Gian Pietro Mazzeni (OC President)

and Marino Finozzi (Councillor for Tourism of Veneto region). After the IOF flag was raised, the new Sprint world champions Judith Wyder and Soren Bobach finally wore their gold medals, and the rest of yesterday's podium was also awarded.

The 2014 World Orienteering and Trail Orienteering Championships will jump back on the saddle tomorrow with two main events, the Mixed Sprint Relay in the town of Trento – the first ever organised in a World Championships – and the Temp-O race in Valsugana area.

Trento main square and the surrounding urban area will welcome the teams of four who will run standard-length Sprint courses in the order woman-man-man-woman.

In the past few months, two Sprint Relay unofficial World Cup races took place in Turkey and Finland and both Denmark and Sweden showed off their muscles winning one race each and sharing the rest of both podiums. Danes and Swedes surely represent the favourite new gold medallists, but teams like Norway, France, Switzerland or Russia will battle it up till the very last control. The flower ceremony will take place immediately after the race, while the medal ceremony is scheduled in Lavarone at 9pm.

After a Model Temp-O event held today in Valsugana area, the first Trial-O World champions will be crowned tomorrow (Qualifications are scheduled at 10am – Finals will start at 3.30pm).

The promo event '5 Days of Italy', held in conjunction with the WOC-WTOC 2014, already welcomed around 2000 participants from all over the world control hunting in Venice yesterday and in the woods around Asiago today. The '5 Days of Italy' continues tomorrow with a Sprint event in Levico Terme (Trentino region) at 10am.



PROGRAM

MONDAY 7 JULY

<p>Council meeting Hotel Astoria - Lavarone 9.00 CEST - 14.00 CEST</p>		<p>TempO Qualifications Alberè di Tenna 10.00 CEST - 13.00 CEST</p>	<p>Day 2 Levico Terme 10.00 CEST - 15.00 CEST</p>
<p>morning</p>	<p>Ski Orienteering Commission meeting Event Centre - Lavarone 9.00 CEST - 18.00 CEST</p>		
<p>Monday 7 July</p>			
<p>afternoon</p>	<p>SPRINT RELAY Trento 17.25 CEST - 18.40 CEST</p>	<p>TempO Final Levico Terme 15:30 CEST</p>	
<p>evening</p>	<p>FOC meeting Event Centre - Lavarone</p>	<p>SPRINT RELAY Medal Ceremony Lavarone 21.00 CEST</p>	<p>TempO Medal Ceremony Trento 19.00 CEST</p>



TRENTO

HUGE VARIETY OF TRADITIONS AND EXPERENCES

The city of Trento is situated in the valley of the Adige river, in the middle of an urban area between Mezzolombardo, Rovereto and the Valsugana. Trento has extreme diversity of territorial and population.

The municipal population is not concentrated only in the city but also in a number of centers around (suburbs), quite different from each other and still retain its own identity is urban, and village, rural or mountainous.

The majority of them are distributed in the valley of the Adige and the hills to the east of the city, while the town of Sardagna is located to the west on a rocky plateau 560 meters above sea level and is connected to the valley

floor by a small cable car; countries Bondone are located between 490 meters above sea level Vigolo Baselga and 1,650 meters Vason and are all part of the same municipal district.

Trento keeps a very close relationship with the mountain, especially with the Mont Bondone, also called the "Alpe di Trento", which mostly belong to the municipality and can be reached in a short time from the city center via the main road.

Visit Trento: www.discovertrento.it

SPRINT RELAY

TRENTO 07.07.2014

COURSE AND TERRAIN

COURSE PLANNER: SIMONE GRASSI

CONTROLLER: ANDREA RINALDI

MAP: RODOLFO DE FERRARI SAPETTO

COURSES	LENGTH	CLIMB	CONTROLS	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	MAXIMUM TIME
LEG 1,4	3,90 km	20	14	15 minutes	1:4000	2,5 m	21x29 cm	120 min
LEG 2-3	4,5 km	20	16	15 minutes	1:4000	2,5 m	21x29 cm	120 min

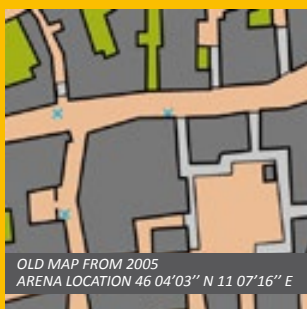


Details on: http://www.woc2014.info/documenti/bulletin_4_WOC.pdf



SPRINT RELAY

TRENTO 07.07.2014



OLD MAP FROM 2005
ARENA LOCATION 46 04'03" N 11 07'16" E

Men and women courses will be similar as number of control points (17) and estimated winning time (15') but the men length will be 4.35 km and women 4.00 km. This new format sprint relay will take place in the historical center of Trento. Most of the competition terrain (70-80%) is paved urban area and the rest is park area. The area is flat and characterized by perpendicular Roman streets with medieval influence. Last month there were during the World

Cup in Finland an unofficial race like this in a very tricky artificially built labyrinth at Imatra. Denmark won with Emma Klingenberg, Tue Lassen, Søren Bobach and Maja Alm.



FORMAT FOR THE NEW SPRINT RELAY

Basic requirements and characteristics for the new WOC Sprint Relay are:

- Based on current requirements for Sprint (map scale, ISSOM map standards, etc.)
- Terrain and technical requirements similar to the current sprint format. Terrain to be a combination of park, park-type of forest and urban. Relatively small area required for a competition (especially with the arena passage)
- The event shall be easy to understand for the spectators
- Big part (70-80 %) of the course should be possible to cover with TV-cameras
- It should be built on a 75 minute live broadcasting and arena production concept. This means that the winning time should be about 60 minutes. 15 minutes should be allocated for broadcasting introductions, interviews and prize-giving ceremonies
- Arena passage should be used, if possible (if terrain allows it without compromising too much with course quality). When there is a comprehensive TV coverage on the course, the arena passage may not always be required. This also gives more flexibility for course planning and may enable better and more challenging courses
- Four laps: two women and two men with a fixed running order woman-man-man-woman as this running order will create more drama for spectators
- Men's courses are bit longer than women's meaning that targeted time for each lap is 15 minutes
- 2 loops per lap, if arena passage is used. Then map has a course printed on both side of the map
- Forked courses
- GPS-tracking is required and "touch-free" punching should be considered

SPRINT RELAY SEMINAR TUESDAY, 8th JULY 2014

IOF Foot Orienteering Commission welcomes you to the International Seminar on Planning for Sprint Relay that will take place in conjunction with the World Orienteering Championships in Trentino - Veneto in Italy.

Sprint relay will appear on the WOC programme for the first time in Italy. The conference will focus on the challenge to plan a sprint relay given the very different circumstances inevitable during the preparation of World Class Events.

The Foot Orienteering Commission wants to invite organisers, course planners and others with interest from all around the world to discuss the latest philosophies of organising Sprint Relay in a relaxed and informal atmosphere.

The Conference will take place at the WOC Event Centre.

PROGRAMME TUESDAY, 8th JULY 2014 AT 17:00-20:00

Timetable:

- 17.00-17.15 Registration
- 17.15-17.30 Conference opening (Mikko Salonen, Foot Orienteering Commission Chair)
- 17.30-17.50 Introduction of the new format Sprint Relay
- 17.50-18.10 Experience from World Cup 1 Kemer, Turkey
- 18.10-18.30 Experience from World Cup 2 Imatra, Finland
- 18.30-19.00 Experience from WOC Trento, Italy
- 19.00-19.15 Coffee Break
- 19.15-19.45 Workshops
- 19.45-20.00 Discussions and closing of the conference

Registration and Fees

The participation fee is 10 Euros which will be paid on site. The fee covers the conference cost and the coffee break.

Registration deadline is Friday 20th June 2014. Registrations should be sent by e-mail to the IOF Foot Orienteering Commission responsible: tar-kar@outlook.com

The IOF Foot Orienteering Commission welcomes you Trentino - Veneto, Italy, and we look forward to meeting you there!

WTOC INTRODUCTION

Trail orienteering (TrailO, also precision orienteering or PreO) is one of four orienteering sports authorized by the International Orienteering Federation (IOF). It's a sport offered to people with widely different physical abilities, including those with severely restricted mobility, who all compete on equal terms. Competitors move along a track or marked route and study clusters of control markers placed in the terrain. They are issued with a very detailed map, and control descriptions. With these aids they must decide which (if any) of the markers relates to the feature depicted by the centre of the circle. Movement up and down the track is permitted but no one may approach the control markers in the terrain. TrailO is a challenging event for foot orienteers as well as those who can't manage the physical challenge of regular orienteering. Several of the competitors in the Open class at WTOC are also top orienteers in FootO, and current world champion Thierry Gueorgiou was

a European TrailO Champion a few years back. It's also a great training exercise and should improve your map and terrain interpretation skills. European Championships in trail orienteering have been organised every year since 1994. The first ever World Cup in trail orienteering was held in 1999, and the inaugural World Trail Orienteering Championships were organised in 2004 (Västerås, Sweden). The World Championships are organised every year.

COMPETITION TYPES

PreO

PreO is the traditional form of trail orienteering. Competitors are given a map at the start. The locations of the controls, the start and the finishing line are marked on the map, as in traditional orienteering. At each site, there is a number of control flags, but only one or none correctly represent the control marked on the map. The competitors have to stay on trails as shown on the map and look at the control at a specified location on the trail, which is called the decision point (DP). Decision points are marked on the ground, but not on the map. Competitors are allowed to move along the trail to observe, but need to choose the answer at the decision point. Each correct answer scores one point, and wrong answer scores zero point. In addition, there may be a few timed controls in a PreO course, which are used for tie breaking only. They are not included in the total points (starting from 2014 rules) but only have the time taken.

TempO

A TempO course has timed controls only. The competitors are ranked according to their time taken, which is the time needed to answer all controls and 30 seconds penalty for each incorrect answer, including blank and multiple answers. At each timed station, competitors are required to sit in a certain place, at which all control flags can be seen clearly. They are given a set of maps including only the area around the controls, one for each question, and have to point at the correct answer on a plate showing A, B, C, D, E, F, Z as quickly as possible.



Year	Date	Venue
2004	15-18 September	Västerås, Sweden (EU)
2005	09-12 August	Aichi, Japan
2006	09-14 July	Joensuu, Finland (EU)
2007	17-26 August	Kiev, Ukraine
2008	12-16 July	Olomouc, Czech Republic (EU)
2009	18-23 August	Miskolc, Hungary (EU)
2010	08- 13 August	Trondheim, Norway
2011	13-20 August	Savoie, France (EU)
2012	06-09 June	Scotland, United Kingdom (EU)
2013	06-14 July	Vuokatti, Finland (EU)

Year	Date	Venue
2014	05-12 July	Asiago-Lavarone, Italy (EU)
2015	23-30 July	Zagreb, Croatia (EU)
2016	20-28 August	Strömstad-Tanum, Sweden (EU)

ALBERÈ DI TENNA

The famous pine forest of Alberè di Tenna will hosts the TempO qualification on the hill. The Tenna hill is situated exactly in the middle between Caldonazzo lake and Levico Lake. The terrain is an open forest with very good visibility and trenches from the World War.



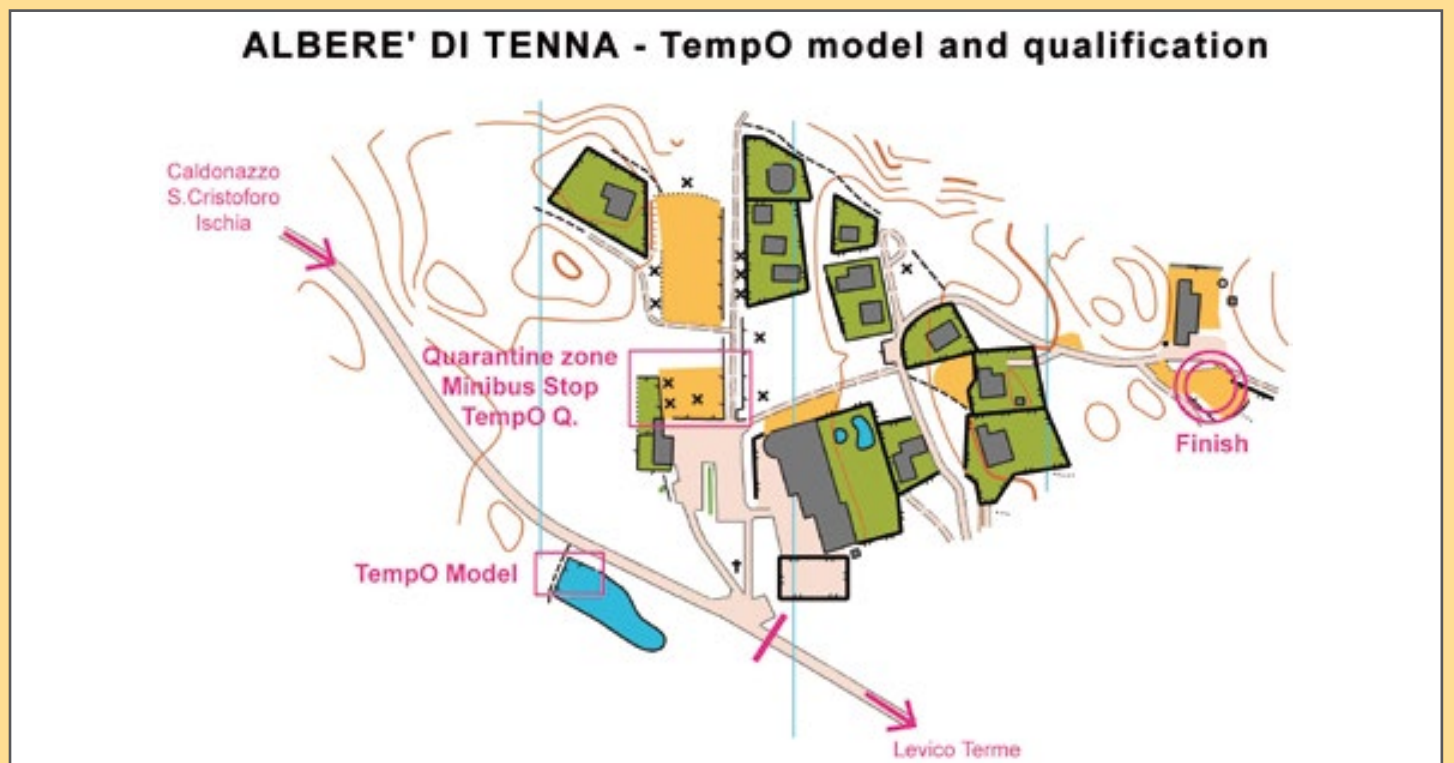
Photo by Roberto Felda

TEMPO QUALIFICATION

COURSE PLANNER: RENATO BETTIN

CONTROLLER: ROBERTO MANEA

DATE	EVENT	PLACE	LENGTH (m)	CLIMB (m)	CONTROL STATIONS	TASKS
July 7 th	TempO qualifications	Alberè di Tenna	1150	20	6	24



ALBERÈ DI TENNA COORDINATES

46.030521, 11.259268

TEMPO QUALIFICATION (ALBERÈ DI TENNA 2000)



The first ever World Championships-medals in tempo format will be presented in Vuokatti on Friday. TempO only has timed controls, which can also be completed as a cluster of several tasks. TempO tests competitors' quick decision making skills and their ability to endure stress more than other orienteering disciplines.

Photo by Roberto Felda

LEVICO TERME

An area of natural wellness, including lakes, spa, beauty and sport. Rich in forests, crops and mirrors clear water, such as Lake Levico and Lake Caldonazzo, the largest in Trentino, the Valsugana also presents the Lagorai Mountains, a world of wild nature ready to be known.

For those who enjoy outdoor activities and sports, from trekking to mountain bike, Valsugana is proposed as a natural ground, with an extensive network of trails and mountain huts, the bike path in the valley, the hippo in Trentino, Nordic walking.

In Lake Caldonazzo you can practice water sports: canoeing, dragon boating and water skiing also. Wellness is guaranteed by Spa. Levico Terme is renowned ski care since the nineteenth century, and the Central European tourist destination with hotels equipped with modern wellness areas. On the mountain above the springs gush of water with healing properties.

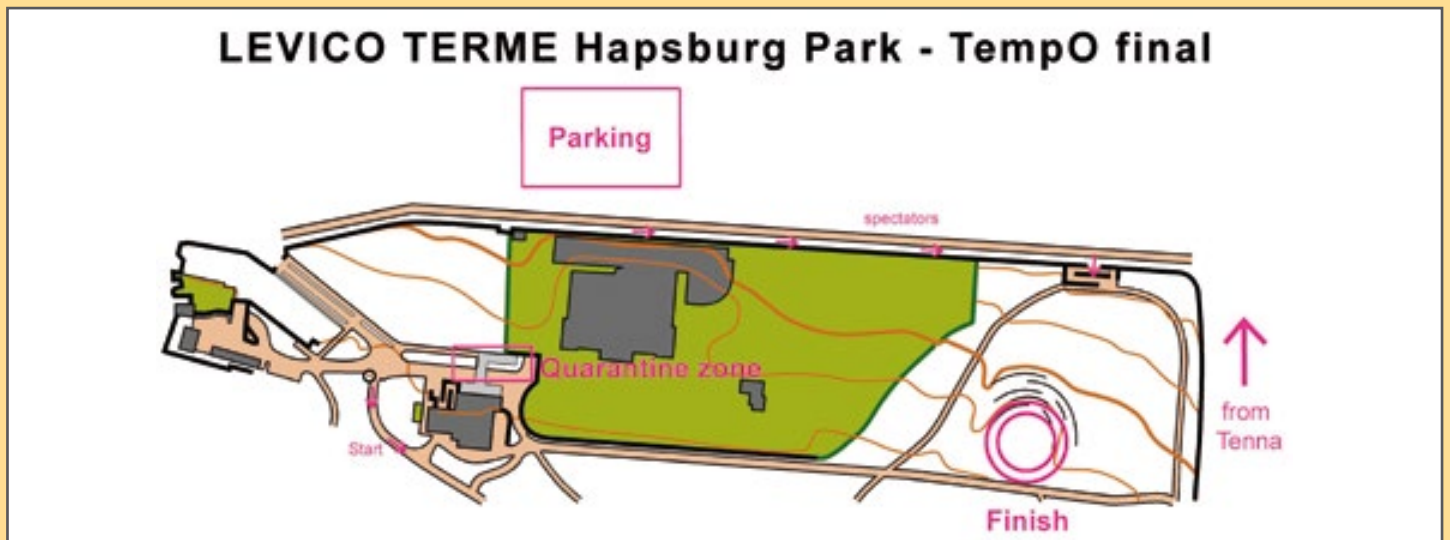
Visit Valsugana: www.visitvalsugana.it

TEMPO FINAL

COURSE PLANNER: RENATO BETTIN

CONTROLLER: ROBERTO MANEA

DATE	EVENT	PLACE	LENGTH (m)	CLIMB (m)	CONTROL STATIONS	TASKS
July 7 th	TempO final	Levico Terme	900	10	5	25



LEVICO TERME COORDINATES

46.01133,11.307053

TEMPO FINAL (LEVICO TERME 2007)

TempO, which requires reasoning speed, seems to agree with the Finns. First ever gold medal was won by Pinja Mäkinen. Also the bronze medal was won by a Finn, Lauri Kontkanen. Silver medal went to young Swede Marit Wiksell, who climbed to the podium after a fifth place in the qualification.

Pinja Mäkinen found the competition, which was organized in the magnificent scenery of Vuokatinvaara, surprisingly difficult.

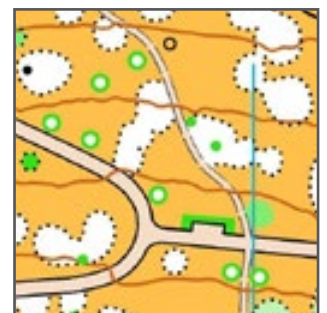
"I would have expected more control stations in open areas, but there was only one. It was quite intricate."

Pinja Mäkinen has an orienteering background. She describes herself as precise but slow. In TempO there is no need to run between control stations, but you need to hurry when trying to find a solution.

"I had a good head start in the qualification; therefore my tactic in the final was to avoid rushing. The qualification was important as it had more control stations and as a result the time difference grew."

TempO

- 1 Pinja Mäkinen Finland
- 2 Marit Wiksell Sweden
- 3 Lauri Kontkanen Finland
- 4 Antti Rusanen Finland
- 5 Martin Jullum Norway
- 6 Vitaliy Kyrychenko Ukraine



In addition to competitions, Mäkinen trains Trail-O using trainings organised by her father.

"Training distances is also important for Trail-O participants", Mäkinen recommends.

One mistake in TempO costs 30 seconds. An additional complication is that none of the controls might not be correct, Mäkinen says.

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FIVE DAYS OF ITALY

DAY 2 LEVICO TERME

The two starts (Red and Blue) are located at a 20/25 minute walk from the Competition Centre (1,6 Km + 50 mt). The paths to the Start will be indicated by tapes. Please cross the roads only at the guarded crossings.

The First Start is at 10.00 am. Please check your starting times. The starting times in hours represent the time after the first start. Ex. Starting time 00.57 - First Start 10.00 means Start at 10.57.00.

There are some parking areas very near the Competition Centre that are not free. You can use these parking spaces, but, you will have to pay a per hour fare.

Levico Terme is a Historical Town Centre and we have limited parking areas. There are a series of Free Parking Lots not very close to the Competition Centre.

These Parking Areas will be around 15-20 minute walking distance from the Competition Centre.

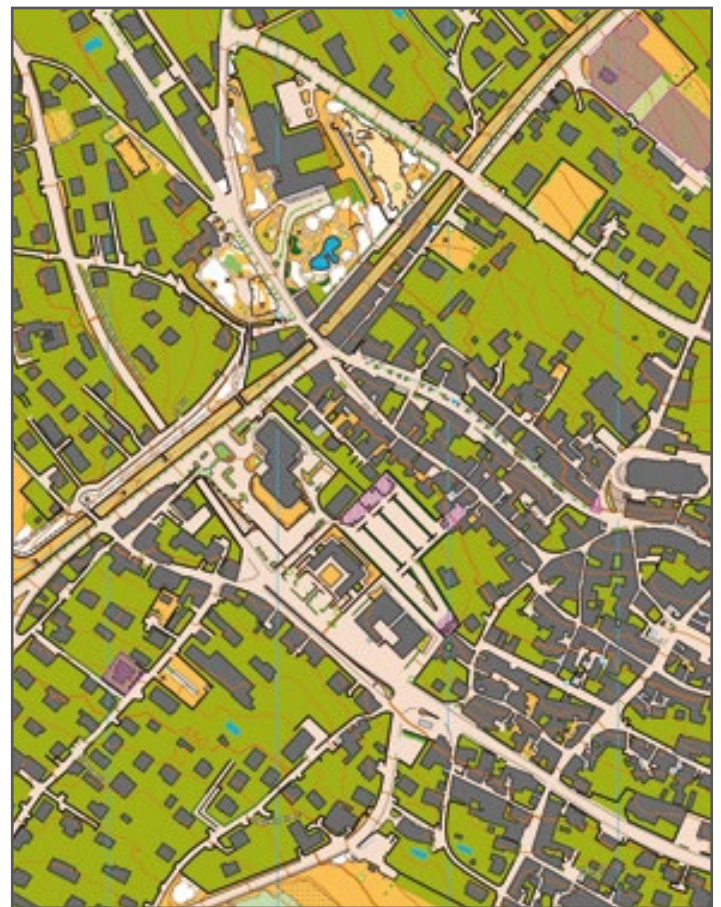
Please check the urban maps on the following pages for more information on where the Parking Lots are located.

Food catering will be provided at the Arena.

DAY 2 – LEVICO TERME

MONDAY, JULY 7th 2014

Place:	Levico Terme (TN)
GPS Arena:	46.010987, 11.302225 (GMaps)
Distance from event center:	60 km
Type:	Sprint
Map:	Levico Terme - 1:5.000 eq. 2,5 m
Terrain description:	Historical Town centre buildings with passages on different levels, parks
Mapper:	-
Course planners:	Stefano Raus
Competition center open:	from 08.30.00 to 15.30
Start:	from 10.00 to 13.30
Closing of finish:	at 15.00
Note:	Catering services



SIDE EVENTS

NOT ONLY SPORT: DISCOVER WITH US MANY ACTIVITIES AS ENTERTAINMENT & CULTURE FOR FAMILIES, ATHLETES AND TOURISTS



JULY, 7th - LAVARONE

Liverpool Fields in concert
Beatles acoustic tribute.

JULY, 8th ASIAGO (VI)

Circuit of Golf - stage 1

Golf competition for orienteers in the town of Asiago and Folgaria.

JULY, 8th - ASIAGO (VI) - LAVARONE (TN)

Visit to the Great War sites

With the guides you will visit some of the most significant historical places of the Great War in its centenary.

JULY, 8th - ASIAGO (VI)

Visit the Astronomical Observatory of Asiago

Saturn and its moons, the stars and how they live. Evening meeting with telescope observation.

JULY, 8th - ASIAGO (VI)

ABBA Show Concert

A show that inspires and engages young and old. Seeing is believing!

JULY, 8th TO 10th - ASIAGO (VI)

Panoramic helicopter flights

Panoramic Tour of Asiago and the Dolomites. Flight on Italy's most spectacular plateau!

JULY, 9th - LAVARONE

Take Me Home Country Roads

John Denver tribute concert. With John Denver Project Band.

JULY, 10th - LAVARONE (TN)

Technology in Orienteering - open meeting

The IOF IT Commission will organize a Technology in Orienteering conference.

JULY, 10th - ASIAGO (VI)

Lisa Hunt Concert

In Italy she's famous for being the historical chorister of Italian bluesman Zucchero.

JULY, 11th FOLGARIA (TN)

Circuit of Golf - stage 2

Golf competition for orienteers in the town of Asiago and Folgaria.

JULY, 11th - LAVARONE

Fireworks and DJ set

Middle Medal Ceremony.

JULY, 11th - ASIAGO (VI) - LAVARONE (TN)

Visit to the PEFC certified forests

With the guides you will visit some of knowing PEFC certified forests.

PARTNERS



Organizing Committee WOC-WTOC 2014 c/o APT Valsugana Villa Sissi

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